

ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS) Accredited with 'A' grade by NAAC (Second Cycle) Palayamkottai – 627 002

# STUENT INDUCTION PROGRAMME

2021 - 2022

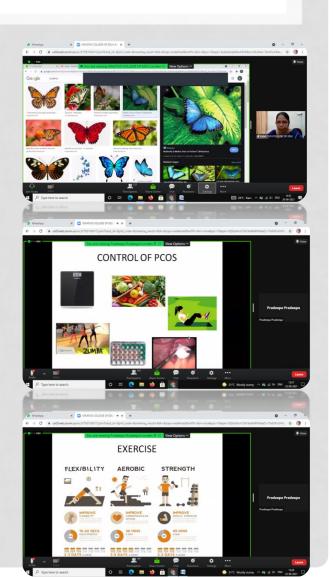
#### **STUDENT INDUCTION PROGRAMME**

St. Ignatius college of Education organized Student Induction Programme online for the freshers of the batch 2021-2023. The Student induction programme was scheduled from 06.09.2021 to 24.09.2021. Inauguration of the programme was held on 06-09-2021 at 10.00 am. The programme started by invoking the blessing of God, with prayer song. On behalf of the ICM management, Rev. Sr. A. Gemma shared her words of blessings. As the Head of the institution, Rev. Sr. Dr. L. Vasanthi Medona encouraged the students within spiring words of motivation. Dr. E. C. Punitha, Dean and Associate Professor of English, oriented the student teachers about the objectives and courses of B. Ed. programme. Dr. M. Maria Saroja, Research Director and Associate Professor of Biological Science stated the importance of teachers in the society as an agent of social change. Dr. N. Theresita Shanthi, Controller of examination and Assistant Professor of Physical Science explained the pattern of assessment and distribution of marks in the B.Ed. programme. The student teachers understood the objectives and expected learning outcomes of the programme they are enrolled for and felt connected with the institution.



# **"WOMEN WELLNESS"**

The institution has arranged a session on "Women Wellness" on 23.09.2021 by Dr.Pradeepa M. D., Physician, Tirunelveli. With her wide knowledge and vast experience, she explained the issues and challenges which could affect the wellness of women. She enlightened the student teachers to identify the facts and myths related to the health of women.



## "HEALTHY CLASSROOM MANAGEMENT"

On 07.09.2021, Dr. S. Francisca, former Research Director and Associate Professor of History, SICE served as the resource person for the session on "Healthy Classroom Management". She engaged the student teachers in an effective and interesting way focusing on Emotional Stability, Motivation, Communication, Evaluation and the Present Education system in India. The session was interactive. 155 freshers participated actively and gave positive feedback on the session. Student teachers thus learnt to deal with the disruptive behaviour of the students as teachers in future. They expressed that they have gained confidence to motivate their students and manage the class so that teachinglearning occurs without any distraction.



#### **"TEACHERS CHANGE LIVES"**

On 08.09.2021 a session on the topic "Teachers Change Lives" was organized. Mrs. Kowsalya, Former BT Assistant, St. Ignatius Convent Higher Secondary School, Palayamkottai was the resource person of the session. Teachers play an extraordinary part in our lives. What we learn from them at the very young age made us what we are today. Mrs. Kowsalya started with the quote of Ms. Joyce Meyer that "Teachers can change lives with just the right mix of chalk and challenges." She added valid points with illustrations from her extensive service as a teacher in a reputed institution. Student teachers realized that teachers make a lasting impact in the lives of their students.

### **"JOB SATISFACTION"**

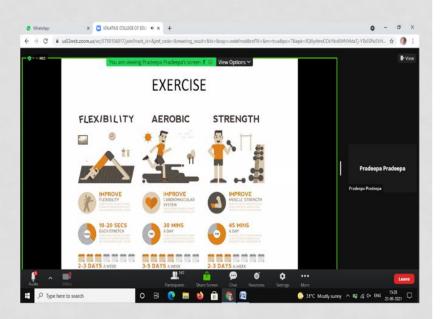
The session on "Job Satisfaction" organized in the post lunch session of 09.09.2021, was an uplifting session as job satisfaction is the combination of psychological, physiological, and environmental circumstances that cause a person to truthfully say that they are satisfied with a job. Dr.N.Theresita Shanthi, Controller of Examinations and Assistant Professor of Education, St. Ignatius College of Education, Palayamkottai was the apt resource person of the session as it was reflected with her input. She enlisted favourable feelings or proven ingredients for job satisfaction. Additionally, she also discussed how consistent communication and regular updates of employee progress can increase satisfaction at work. As teachers, wellness of the students educated by us increases our job satisfaction.

#### **"OPEN EDUCATIONAL ONLINE COURSES"**

We envision a world where everyone, everywhere has access to education to build their future. We seek to instill openness as a feature of education around the world, allowing greatly expanded access to education while providing a shared body of knowledge upon which innovative and effective approaches to today's social problems can be built. The Open Online Education System realizes change by leveraging its sources of expert knowledge, global network and its reach as the principal voice of education for all. On 13.09.2021, a fruitful session on "Open Educational Online Courses" was organized as a part of Student Induction Programme for the academic year 2021-2022. Mrs. Gnana Kamali, Assistant Professor of Computer Science, SICE served as the resource person of the session. She emphasized that open online courses encompass resources, tools and practices that employ a framework to improve educational access and effectiveness worldwide. The student teachers were inspired to enroll themselves in NPTEL courses through SWAYAM portal with the guidance of the Teacher Educators while pursuing B. Ed. Degree programme.

# **"YOGA FOR HEALTH"**

St. Ignatius College of Education aims at the holistic formation of student teachers as responsible Nation Builders. Apart from imparting knowledge, skill development and practice are given due importance in Teacher Education programme. In the SIP 2021-2022, a session on "Yoga for Health" was arranged online for the new entrants on 14.09.2021. Dr. S. Josephine, Director of Physical Education, St. Ignatius College of Education, Palayamkottai was the resourceful trainer of the session. She explained that several recent studies suggest that yoga strengthens health and fitness, social attachments, reduce stress and relieve anxiety. Researchers are also starting to claim success in using yoga as an initial effort for successful completion of any work. She demonstrated important yogic postures for daily practice. The student teachers improved their consciousness on leading a healthy life through Yoga and Meditation.



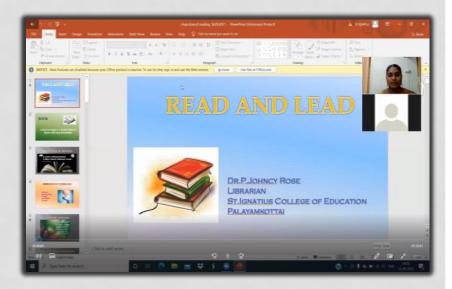
## **"POWER OF POSITIVITY"**

To kindle the flame of positivity in our thoughts the institution organized a session on "Power of Positivity" on 15.09.2021 by Dr. J. Maria Prema, Assistant Professor of Education. Her input focused on the saying, "Keep your face always towards the sunshine and shadows will fall behind you." She explained the significance of positivity and techniques to develop positive thoughts within.



#### **"READ AND LEAD"**

A session on "Read and Lead" was organized by Dr. Johncy Rose, Librarian. The session was very informative, inspiring and interesting to know about the benefits of intense reading. To become leaders of the Future it is our mission to Read and inculcate values and thoughts of great minds. The Librarian of the College Dr. Johncy Rose oriented the students with the facilities available in the institution for remote access of learning resources. The student teachers understood that 'Today a Reader will be tomorrow – a Leader''.



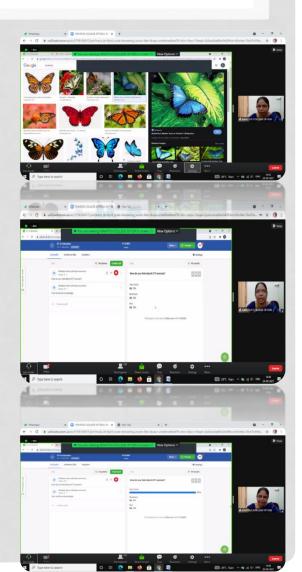
#### **"TEACHERS' ROLE IN THE DEVELOPMENT OF STUDENTS"**

A session on "Teachers' role in the development of on 17.09.2021 students" arranged was by Dr.G.EstherMaragathamani, Assistant Professor of Tamil. She gave plenty of examples from literature and day-today life to make the student teachers reflect upon and understand the importance of their professional goal. The session had a positive impact and the freshers expressed their pride in learning as dedicated and committed students.



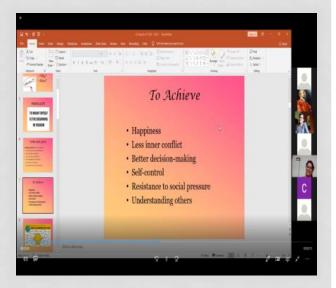
#### **"ICT IN EDUCATION"**

The institution has organized a session on 'ICT in Education' on 20<sup>th</sup> September, 2021 by Mrs. S. Arul Immaculate Roselin. She demonstrated methods of downloading images, videos from internet, conversion of files, gif animation, installation of Tamil fonts and removal of background from image. The session paved way for the student teachers to become tech-savvy and properly trained to use these tools to deliver enhanced knowledge with high order thinking skills.



### "IN SEARCH OF SELF"

The institution organized a session on "In search of Self" on 21.09.2021 by Dr. R. Indra Mary Ezhilselvi, Assistant Professor of Psychology. She prompted the prospective teachers to awaken their inner pilot. She also familiarized the student teachers with the practice of 'mindfulness'. With references based on situational approach, the young minds gained the significance of self-love and acceptance of one's self.



# **"EQUIP YOURSELF"**

On 22.09.2021, a session on "Equip Yourself" was arranged to enable the student teachers to identify and learn the skills needed for being effective teachers. An Illustrious Alumna of our esteemed institution, Dr. Chelvi, Principal, Government College of Education, Vellore, guided the budding teachers with effective teaching strategies. Her special mention was about the importance of being flawless communicators.



## **"SPIRITUAL WELLNESS"**

The institution aimed at the holistic wellness of the student teachers. With this intention, a session on "Spiritual Wellness" was organized on 24.09.2021. Rev. Fr. J. Sagaya John, Secretary, St. Joseph College of Education & St. Joseph Arts and Science College, Vaikalipatti served as the resource person. The session was persuasive as all the student teachers were impressed with his input on spiritual wellness.

